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# Dentinal Tubules Occluding by Nanohydroxyapatite Obtained from Eggshell in Colloidal System



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#### Abstract

Dental hypersensitivity is a condition of pain in the teeth produced by the contact of the tooth with cold, hot, sweet or acidic food, and even touch because of the exposure of dentine and disocclusion of dentinal tubules. Searching for solutions for this condition, nanohydroxyapatite showed up promising to be an effective active agent to remineralizer dentin and occlude dentinal tubules. In order to create a simple and comparable product with a commercial product, this investigation was carried out to propose a nanohydroxyapatite synthesis method and the formulation of a colloidal system with such active ingredient. The synthesis of nanohydroxyapatite was made using clean and ground eggshells. In synthesis method, pH, temperature, stirring was kept constant likewise sintering temperature and drip rate of addition of diammonium phosphate were varied. The statistics showed that these factors with the proposed levels do not represent a significant difference in particle size analyzed by DLS. Hydroxyapatite was characterized through infrared spectrophotometry, X-ray diffraction, and determination of calcium and phosphorus. On the other hand, three dentifrices were formulated, varying the particle size of the incorporated hydroxyapatite. The abrasion capacity, pH, viscosity, rheological behavior, and effectiveness in the occlusion of the dentinal tubules of the formulated dentifrices and the commercial dentifrice were analyzed. Through the Dunnet statistical method, it was seen that the smaller the particles size of the hydroxyapatite the greater occlusion of the dentinal tubules

 ${\color{red}\textbf{Keywords:}}\ \textbf{Occlusion;}\ \textbf{Dentinal tubules;}\ \textbf{Nanohydroxyapatite;}\ \textbf{Eggshell;}\ \textbf{Dentrifice}$ 

Abbreviations: EDTA: Ethylene Dinitrilo Tetraacetic Acid; CTAB: Cetyltrimethylammonium Bromide; Nano HAP: Nanohidroxyapatite; DLS: Dynamic Light Scattering; AFM: Atomic Force Microscope; Ca/P: Calcium- phosphorus ratio; PDI: Polydispersity Index

### Introduction

Hypersensitivity is a clinic condition defined as a dental pain due to the exposition of the dentin, and it appears when there is contact with external stimulus such as hot, cold, sweet or acidic food, and even touch. Statistically, that condition is suffered by 3-57% of the world population especially at the age of 30-40 years old American Dental Association [1]. There are plenty of causes for hypersensitivity: tooth decay, aggressive tooth brushing, etc. Medina [2]. Throughout the years, it has been developed some products with desentizing properties. In general, those products contain potassium salts, calcium, phosphates, or arginine Colgate [3]. In 2014, Dentaid Expertise launched to the market the first toothpaste with nanohydroxyapatite Dentaid [4]. Hydroxyapatite is a mineral formed by calcium, phosphorus, and oxygen. It is the mineral which gives the hardness to teeth and bones. Since

the hydroxyapatite and hypersensitivity importance, there are a few previous studies about the topic. Bardhan, Mahata & Mondal [5] published an article in Advances in Applied Ceramics called "Processing of natural resourced hydroxyapatite from eggshell waste by wet precipitation method". The authors developed a synthesis method of hydroxyapatite from eggshells controlling aspects as pH, temperature, stirring time, etc. They synthetized sub micrometric hydroxyapatite.

"Nano-hydroxyapatite and its applications in preventive, restorative and regenerative dentistry: a review of literature" was written by Pepla [6]. They analyzed all of the bibliography around that topic and concluded that nanohydroxyapatite is a revolutionary material with a great remineralizing capacity even better that fluoride. Amaechi, Mathews, Ramalingam Mensinkai

(2015) carried out a study in Texas University, which was published in American Journal of Dentistry. The research was "Evaluation of nanohydroxyapatite-containing toothpaste for occluding dentin tubules". The objective was comparing some dentifrices: with 10% of nanohydroxyapatite, with 15% of nanohydroxyapatite, with sodium monophosphate, and with Nova Min. The occlusion was analyzed trough SEM, and the results showed that the dentifrices with nanohydroxyapatite and Nova Min are more effective than the one with sodium monophosphate. The present study demonstrates effectiveness in dentinal occlusion using different nanoparticles size of hydroxyapatite (nano HAP). In Latin-American, there is little research about the topic. Besides, there is not a commercial product with hydroxyapatite especially in countries like Ecuador, Peru, Colombia, and Venezuela. Taking into account the statistics for this region of the world, it is important to develop a formulation and made some investigation around this topic. The use of eggshell as a source of calcium to synthesize nanohydroxyapatite is a valid and useful method for the preparation of toothpastes that can help improve oral health in places where this raw material is scarce.

#### **Materials and Methods**

### Nanohydroxyapatite synthesis

Table 1: Variables of the synthesis process.

Factors	Levels	
	1	200 °C for an hour 500 °C for an hour and 30 min 900 °C for two hours
Sintering temperature (A)	2	200 °C for an hour 450 °C for an hour and 30 min 600 °C for two hours 900 °C for two hours
0,5M (B) (NH4)2HPO4	1	7 rpm
dreep speed	2	15 rpm

Table 2: Products obtained.

F	Factors			Don't sta
Essays	A	В	AB	Products
1	-	-	+	$A_1B_1$
2	-	+	-	$A_1B_2$
3	+	-	-	$A_2B_1$
4	+	+	+	$A_2B_2$

Nanohydroxyapatite was synthesized from eggshells applying the precipitation method by Bardhan R, Mahata, S, Mondal B [5] with some modifications. The eggshells were cleaned, and the calcium content was determined by complexometric titration with EDTA by previously doing an acid treatment of the sample. The hydroxyapatite was synthesized by weighing 5g of clean and crushes eggshells was subjected to an acid treatment and filtration. Ammonium hydroxide was added to the solution adjusting pH value 9 to 9,5. Then 0,0728 g of CTAB was added at

60° C with magnetic stirrer at 1000 rpm and 0.5M diammonium phosphate solution was added by a peristaltic pump. After the addition, the precipitate obtained was filtered and dried in oven at 80° C. Finally, it underwent a sintering process in a muffle and ground in a vibrating mill. The variables of the process are detailed in the Table 1 and the products obtained in the Table 2. In addition, hydroxyapatite larger than 2000 nm was synthesized to analyze effect of size and improves the effect on the dentinal tubules. The synthesis process was the same, varying some conditions: the addition of 0.5M diammonium phosphate was at 40rpm, no drying of the product before sintering process, and sintering made directly at 900° C. This product was named as HAP. The products obtained were characterized through DLS (for particle size) in a 0,3M sodium lauryl sulfate suspension, infrared spectroscopy, X-Ray diffraction, and the Ca/P ratio by analyzing calcium percentage through atomic absorption and total phosphorus percentage through UV-Vis spectrophotometry with vanate-molybdate reagent.

## Formulation of the Colloidal System

Table 3: Components of the colloidal system formulated.

Component	Percentage (%)
Glycerin	30-40
Xanthan gum	0,3-1,0
Sodium saccharin	0,5-1,0
Calcium carbonate	25-35
Deionized water	20-30
Sodium lauryl sulfate	0,5-1,5
Mint essence	0,05-0,5
Titanium oxide	0,3-1,0

Table 4: Colloidal systems analyzed.

Treatment	Identification code
Commercial colloidal system	С
Colloidal system with hydroxyapatite particle size of 350.45nm	1
Colloidal system with hydroxyapatite particle size of 417,05nm	2
Colloidal system with hydroxyapatite particle size of 2025,15nm	3

Table 3 details the percentages of the components used in the formulation of the colloidal system. Hydroxyapatite was added at a percentage of 0,45%. The colloidal system was characterized according to its abrasion effect with the methodology proposed by González G, Reyes RN [7] using Filtek P60 3M ESPE dental curing resin as well as pH, rheological behavior, and effect on dentinal tubules. For the last part, sixteen human dental pieces with a cross-section in the dentin were applied 35% phosphoric acid for 15 seconds. Then, they were washed, dried, and analyzed

by AFM in order to measure the diameter of the dentinal tubules. After that, it was applied the colloidal system formulated with an electric toothbrush for two minutes. Finally, the dental parts were analyzed again by AFM. Details of colloidal systems analyzed can be found in Table 4.

#### **Results**

### Nanohydroxyapatite

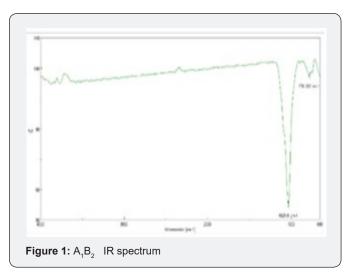
Table 5: Particle sized results.

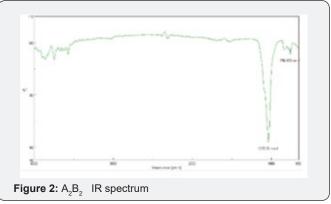
Product	Poly dispersion index (PDI)	Particle size (nm)
$A_1B_1$	0,101	412,4±6,4
$A_1B_2$	0,336	417,1±2,9
$A_2B_1$	0,150	388,4±4,7
$A_2B_2$	0,045	350,4±8,3
HAP	0,901	2025,2±65,5

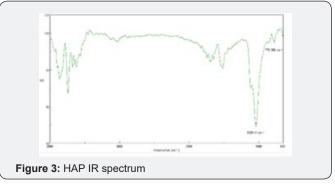
Table 6: Molar ratio Ca/P.

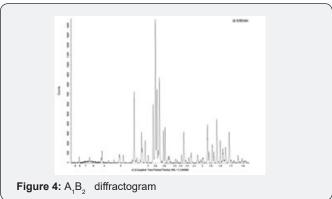
Product	Molar ratio Ca/P
$A_1B_2$	1,51
$\mathbf{A}_2\mathbf{B}_2$	1,58
НАР	1,57

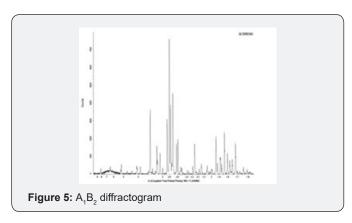
Yields obtained in all hydroxyapatite synthesis processes were more than 77%. In terms of particle size, Table 5 contains the results. The PDI values are between 0 and 1 for all of the products which means the systems are monodisperse Seymour [8]. The highest PDI value belongs to HAP because of the synthesis conditions for this product. With the results obtained, three of the five products were chosen for the colloidal system formulations. Besides, the data were statistical processed by Yates Algorithm identifying A factor, B factor and their interaction were not meaningful during the synthesis process. Infrared spectroscopy helps to identify the most important functional groups in a molecule. Three spectrums (Figure 1-3) are similar to each other. The hydroxyapatite formula is  $Ca_{10}(PO_4)_6(OH)_{2'}$  so the bands between 3500 y 4000 cm<sup>-1</sup> correspond to a high-energy elongation absorption of the hydroxyapatite -OH group. The spectrum of HAP (Figure 3) contains more intense bands in that region due to higher degree of hydration of the sample. In the same spectrum, there are bands between 1500 y 2000 cm<sup>-1</sup>, those bands show the presence of a small amount of CO<sub>3</sub><sup>2</sup>. The most intense band (1000 cm<sup>-1</sup>) and the band in 775 cm<sup>-1</sup> are very characteristic of the phosphate group (-PO<sub>4</sub>) Torres [9]. The diffractograms (Figure 4-6) show characteristic peaks for hydroxyapatite at d: 3,5; 3,2; 3,1; 2,8; 2,7; 2,6; 2,2; 1,9; 1,8 y 1,7. Table 6 details the molar ratio Ca/P for the products. Stoichiometric hydroxyapatite has a molar ratio Ca/P of 1,67, nevertheless the biologically active hydroxyapatite has a molar ratio Ca/P less than 1,67. That means the synthetized hydroxyapatite can be better assimilated than the stoichiometric hydroxyapatite Okada & Matsumoto [10].

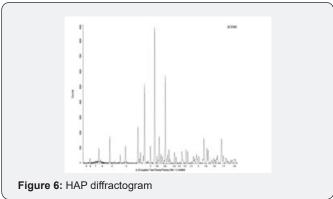












## **Colloidal System**

The abrasive effect of the colloidal systems is directly proportional to the increased roughness in the dental curing resin analyzed González & Reyes [7]. Table 7 shows the increased roughness obtained for the colloidal systems formulated. Based on those data, the smaller the particle size, the greater the abrasive effect. Figure 7 shows an example of the images obtained by AFM before and after the application of the colloidal system 2. pH was measured applying the procedure detailed in Standard Procedure INEN 1596 for toothpastes. Standard methods point out pH can vary from 4,5 to 10,5. Table 8 contains the results for pH analysis. In reference at rheological analysis the Figure 8 show a typical behavior of a pseudo-plastic fluid (viscosity decreases dramatically as shear speed increases). The viscosity at the

starting point shows the biggest difference between the colloidal systems analyzed. As a result, the commercial product has the best stand up properties, which means that its consistency on the bristles of the toothbrush is ideal Picó [11]. The Table 9 shows the percentage of occlusion of the dentine tubules after applying the colloidal systems on the dental pieces. The results were analyzed through Dunnet statistical model comparing the formulated colloidal systems with the commercial one. Statistics shows that there is no difference between the 1 and 3 colloidal systems and the commercial one, but there is significant difference between 2 colloidal system and the commercial one. That proves that particle sized of hydroxyapatite used to formulate the system influences the effect on the occlusion of dentinal tubules. Figure 9 shows an example of the images obtained by AFM before and after the application of the colloidal system 2.

Table 7: Increased roughness.

Colloidal system	Average (%)
Control (C)	44,40±3,76
1 (with hydroxyapatite A <sub>1</sub> B <sub>2</sub> )	80,96±2,83
2 (with hydroxyapatite $A_2B_2$ )	71,20±10,63
3 (with hydroxyapatite HAP)	38,40±12,71

Table 8: pH results.

Colloidal system	Average pH
Control (C)	7,013±0,002
1 (with hydroxyapatite $A_1B_2$ )	9,449±0,038
2 (with hydroxyapatite A <sub>2</sub> B <sub>2</sub> )	9,360±0,014
3 (with hydroxyapatite HAP)	9,435±0,026

Table 9: Percentage of occlusion of the dentinal tubules.

Colloidal system	Occlusion of the dentine tubules (%)
Control (C)	18,25±1,42
1 (with hydroxyapatite A <sub>1</sub> B <sub>2</sub> )	27,05±5,25
2 (with hydroxyapatite A <sub>2</sub> B <sub>2</sub> )	32,36±6,86
3 (with hydroxyapatite HAP)	20,99±1,98

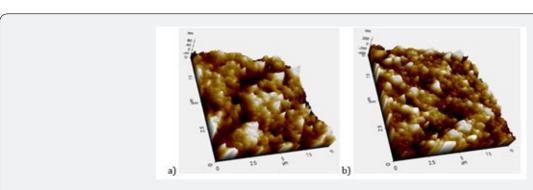


Figure 7: Resin a) before de application of the colloidal system b) after the application of the colloidal system.

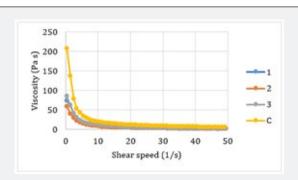


Figure 8: Viscosity VS Shear speed.

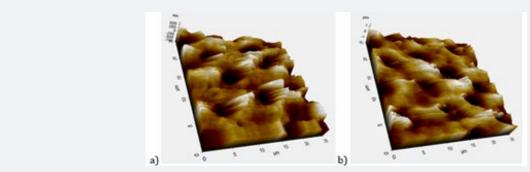


Figure 9: Resin a) before de application of the colloidal system b) after the application of the colloidal system.

## Discussion

The equation 1 shows the process of formation of hydroxyapatite in two steps, a) Formation of  ${\rm CaCO_3}$  and b) synthesis of HAP

- a)  $CaCO 3+2HNO 3 \rightarrow Ca (NO) 3) 2+H 2 O+CO 2 \uparrow$
- b) 10Ca(NO] \_3 ) \_2 4 6(NH] \_4 ) \_1 HPO] \_4 4 8NH] \_4 OH \_4 Ca] \_10 (PO] \_4 ) \_6 (OH) \_2 \dagger 4 20NH] \_4 NO] \_3 4 6H] \_2 O

Equation 1 a) calcium carbonate and nitric acid reaction; b) hydroxyapatite precipitation

The pH is important due to a pH value between 9 and 11 promotes the formation of hydroxyapatite with better size distribution and crystallinity. A pH value less to 9 can improve the production of dicalcium phosphate Sjahan & Ibrahim [12]. There are plenty of variables during the synthesis process such as concentration of the reagents, synthesis temperature, drip rate of precipitating reagent, and sintering temperature. Based on some preliminary tests and previous studies, it was decided to work with drip rate of precipitating reagent and sintering temperature as variables and keep the others as constants. If sintering process is not made with temperature ramps, there is a very high degree of agglomeration Okada & Matsumoto [10]. For the measure of the particle size was necessary to add sodium lauryl sulfate (surfactant) to avoid the formation of clusters because of the Brownian Movement Singer, Barakat, & Mohapatra [13]. Infrared and X-Ray spectroscopy allow defining the functional groups and crystallinity of hydroxyapatite. In the same way, molar ratio Ca/P

values determinates hydroxyapatite synthetized is bioactive. It is important to notice that the precipitation process can lead molar ratio Ca/P is less than theoretical. It was necessary to look up all of the components of the colloidal system in the Handbook of Pharmaceutical Excipients for avoiding incompatibilities between them. The results for abrasive effects show that the colloidal systems with the smallest particle size hydroxyapatite has effect that is more abrasive.

This can be considered a negative aspect due to abrasion produces accumulation of plaque and bacteria González & Reyes [7]. In terms of pH, there is a big difference between the formulated colloidal systems and commercial colloidal system. The phenomenon happens because of calcium carbonate is used in the formulation which increases the pH. Nevertheless, the pH values are within the norm. The rheological analysis tries to simulate the tooth brushing process. Look how the viscosity decreases while the shear speed increases. That is a typical behavior of a pseudo-plastic fluid, which is the classification of this kind of dental products. The effect on the dentine tubules results allow showing that hydroxyapatite is an occlude of the dentine tubules, so it can help to avoid dental sensibility processes. It has not been accurately defined the mechanism trough hydroxyapatite has the mentioned effect, however it has been seen that hydroxyapatite has the ability to cling to the tooth surface and then it forms kind of micro clusters Swarup & Rao [14]. It can be because hydroxyapatite has high level of biomimetics. In addition, it was proved that the smaller particle size hydroxyapatite, the better

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adhesion process. The contact surface is also better with small particle sizes [15].

#### Conclusion

Three colloidal systems were formulated, and they have similar characteristics to the commercial colloidal system. The colloidal systems had different particle size hydroxyapatite, so the effect on the dentin tubules varied between colloidal system 2 and the others. Colloidal system 2 had the smallest particle size hydroxyapatite. As a conclusion, the effect of a colloidal system on the dentin tubules depends on the particle size of the hydroxyapatite, and the smaller particle size, the better effect.

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