



Opinion

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Where are we Heading towards in Dentistry?



Vedavathi HK^{1*}, Vedavathi², Sowmya KS³, Gopal Krishna BR⁴, Shashanka P Kumar⁵, Bharath P Reddy⁶ and Goutham N⁷

Associate Professor, V S Dental College and Hospital, Karnataka, India

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*Corresponding author: Vedavathi HK, Associate Professor, V.S Dental College and Hospital, Karnataka, India

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Opinion

Rehabilitating edentulous maxilla, especially in aesthetic areas is For decades, going to the dentist was considered as undesirable experience. Even though dental health is very important to our overall health. Many people choose to avoid dental visits because of how uncomfortable it was for them. Fortunately, new technological advancements are making the trips to the dentist quicker, easier, less painful, and more reliable. The future of dentistry lies not only in preservation of teeth but also in the idea of easing the effort of both doctor and patient in receiving and maintaining the treatment. "The following list is only the tip of the iceberg as dental technology is constantly evolving". Material sciences has undergone great research and incorporated bioactive implant material and certain radioactive isotope and other oxides which has improved the osseointegration properties of implants, color stability of maxillofacial prosthesis. The orthoses device has helped in reducing the inability of aligners like loose fitting aligners and has effectively reduced the treatment time with better outcome.

The aligners being a significant discovery in orthodontics has let patients get better results without inconveniences that the traditional braces have been causing. The augmented reality technique has a huge potential in the dental profession as it helps the patient to visualize the result after dental treatment thereby helping the patient in decision making and encourages them to take up the treatment. Air abrasion for instance is a new micro dentistry technique that is used to treat tooth decay and prepare teeth for restorations. Smart toothbrushes, improved flossing techniques, CT scans are all milestones in the field of dentistry. The recent research on Botulinum toxin in dentistry to overcome bruxism, gummy smile and other aesthetic concerns are also at a significant rate of improvement in dentistry and has a great potential over the upcoming years. It is astounding how more and more innovation will be at our disposal. Either for improving oral health as a patient or upgrading our practice as professional. All the discoveries and inventions are obsolete without patient awareness; hence it is important to increase awareness about the inventions among the patients. As it is said "wherever the art of medicine is loved there is also love for humanity"- [Hippocrates]. This must be kept as the ultimatum in every clinician's mind.



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