



**Review Article** 

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## Gold Nanoparticles: Their Application as Antimicrobial Agents and Vehicles of Gene Delivery



#### Surekha Kundu\*

Department of Botany, University of Calcutta, India

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\*Corresponding author: Surekha Kundu, Department of Botany, University of Calcutta, India, Fax: 011-91-33-2461-4849;

Tel: 011-91-33-2461-4688; Email: surekha\_kundu@yahoo.com

#### Abstract

Research work on the synthesis and application of gold nanoparticles are areas of great interest in modern science. Gold nanoparticles can be synthesized through physico-chemical means or through utilization of biological extracts. Gold nanoparticles have antimicrobial activities that often depend on the shape and sizes of the particles. The mechanism behind antimicrobial properties of gold nanoparticles is mainly through causing pores in the membrane and upon entering the microbe, these bind to internal structures causing stress-related injuries such as production of ROS Another major application of gold nanoparticles is that these can be used for gene delivery. Capping of the nanoparticles with various coating materials is an essential step to provide sites for attachment of the DNA to be delivered. Moreover capping enhances uptake and retention of the gold nanoparticles by cells during gene delivery. Gene delivery properties again depend on the capping material, the shape and sizes of the nanoparticles. The potential of nanoparticles as antimicrobial agents and vehicles of gene delivery is discussed.

Keywords: Gold nanoparticles (Gnps); Antimicrobial; Capping; Gene delivery; Cytotoxicity; Photoluminescent; Transfection; Biomedical; Cancer

### Introduction

The synthesis and biomedical application of noble metal nanoparticles specially gold nanoparticles (GNPs) is a promising field of research and has garnered the attention of vast groups of researchers. Bulk metallic gold (Au) is known to be chemically inert. However, when the size of gold is reduced to nanometer ranges it starts to show diverse biological properties [1]. GNPs find application in many fields, ranging from electronicsto agriculture, biomedicines and pharmacy [2].

Metallic nanoparticles, especially GNPs, can be relatively easily prepared, have high gene transfection efficiency [3], and their surfaces can be customised by chemical modifications [4] allowing effective attachment of payloads through various means. The tailored ability to ensure cellular uptake with controlled release of the drug to specific cell target, significant stability, bioinertness with notoxicity of gold have made GNPs a popular candidate for biomedical applications such as biosensors, drug delivery for cancer chemotherapy and radiotherapy [5,6].

### Physico/chemical mode of synthesis of gold nanoparticles versus synthesis of nanoparticles using biological agents

Chemical and physical syntheses of NP are common. However, biological synthesis is more acceptable for being eco-friendly

and simple [7]. It allows the controlled synthesis of nanoparticles with definite size and shape [8]. Due to their versatility in biological functionalization, biological nanoparticles are finding excellent applications in the field of medicine and drug delivery [2,7].

Biosynthesis of nanoparticles using microorganisms like bacteria [9], actinomycetes [10], algae [11] and fungi like yeast [12], Aspergillus fumigatus [13], Phanerochaete chrysoporium [14], Macrophomina phaseolina [2] have been investigated. Approaches using plant extracts [15] and plant parts are also coming forth [8,16]. Fungi are drawing great attention in this regard as they are excellent secretor of extracellular enzymes, easy to scale up both in small and large scale production. Furthermore, the large surface area of the mycelia and downstream processing would be much simpler using fungi [2]. Extra-cellular synthesis of GNPs by green routes using edible mushrooms is relatively new addition in this context ensuring less toxic chemicals adhering to the nanoparticles [5,6,17,18].

# Antibacterial properties of gold nanoparticles with special reference to size and shape

Although gold nanoaparticles are not as strong a antimicrobial agent as silver nanoparticles, GNPs have been

reported to possess both antimicrobial activities [19] and antifungal activities [20,21]. GNPs with antibacterial have also emerged as an alternative to high-dose administration of antibiotics and proven their effectiveness against infectious diseases including antibiotic-resistant ones [6]. NP toxicity and antibacterial mechanism mainly depends on surface modification, intrinsic properties, and the bacterial species tested. GNPs of smaller dimensions are more likely to penetrate the bacterial cells and cause cell damage, followed by death [22]. Antibacterial properties of triangular GNPs show better activity towards gram positive and gram-negative bacteria than spherical GNPs [18] The sharp-faced triangular nanoparticles, irrespective of their surface chemistry, size or compositions, can pierce the membranes of endosomes and translocate to the cytoplasm where they can be retained. These features make them preferable to round shaped nanoparticles for drug delivery, gene delivery, sub cellular targeting, and long-term tracking [23]. In a recent report GNPs of extreme small sizes i.e. less than 2nm resulted in high antibacterial activity against gram positive as well as gram negetaive bacteria [1].

# Mechanism of antibacterial activity of gold nanoparticles

The NPs are capable of attaching to the bacterial membrane by electrostatic interaction and disrupt its integrity [24]. They can change membrane potential and decrease ATP levels within the cell and inhibit the binding of tRNA with ribosomal subunit, affecting translation [25]. GNPs can generate holes in the cell wall causing leakage of cell contents, and bind with the DNA, inhibiting transcription [26]. GNPs aggregate within bacterial biofilms and bind to their surfaces causing cell wall distortions which can be utilized to minimize treatment durations and sideeffects of drugs [21]. Oxidative stress generated by free radical formation, that is, ROS, is triggered by nanotoxicity that leads to the death of bacterial cell [27] The interaction between ultrasmall GNPs (less than 2nm range) and bacteria likely induce a metabolic imbalance in bacterial cells resulting in an increase of intracellular ROS species production that culminated in death of the bacteria [1].

The possible use of GNPs in biomedical areas especially for cancer therapy has been a subject of research, owing to its possible toxic effects related to human exposure with its biomolecules, cells and tissues [28]. In humans it is known that the primary site of GNPs accumulation is the liver [29].

### Gold nanoparticles as vehicles of gene delivery

Modification of GNP surfaces with bimolecular are often an integral step providing high gene transfer efficacy with minimal cytotoxicity [24]. The attractive features of GNPs in this regard include their surface plasmon resonance, controlled interaction with thiol groups, and their non-toxic nature [27]. GNPs functionalized with basic amino acid have been efficiently used as gene delivery vectors [30]. GNPs and protein conjugates provides excellent biocompatibility towards normal cells

reducing nonspecific toxicity [31] GNPs are extensively exploited in organisms owing to its biocompatible nature, bioconjugation ability, strong absorbing and scattering properties [32], as target drug delivery in various therapeutics and cancer treatment. The rate of permeability and retention of nanoparticles are enhanced in cancerous cells than the normal cells by virtue of the accumulation and entrapment process which is the result of the leaky nature of tumor blood vasculature [32].

## How morphology of nanoparticles affect gene delivery capacity

Morphology of nanoparticles could result in distinct biological properties within cellular systems [1]. In this report GNPs with two different morphology nanospheres and nanorods stabilized with BSA-PEI was to investigate the influence of the morphology on gene delivery. The rod-like complexes used their tips to contact and penetrate cells and had almost 100-fold higher of transfection level than that of spherical complexes [1]. Moreover ultra small sizes of nanoparticles (smaller than 1 nanometer) ensure homogeneous distribution of the nanoparticles throughout the cells which is comparable to proteins such as bovine serum albumin alone [33] Recently photoluminescent gold nanoclusters have garnered significant interest in biomedical research and applications owing to their ultrasmall size and unique molecule-like optical properties [33].

## Capping of gold nanoparticles as a means to enhance gene delivery

Coating or capping of nanoparticles often ensures increase in biocompatibility and reduction of toxicity [33]. The capping of nanoparticles also ensures greater uptake and retention by cancer cells and other cells, which allowed greater time for integration of the delivered gene. Synthesis of vectors based on various cationic polymers such as polyethylenimine (PEI), polypropylenimine (PPI) and polyamidoamine (PAMAM) and their derivatives is utilized for transfer of plasmid DNA into human cell lines and treatment of genetic diseases [34]. The use of PEG (polyethylene glycol) is often used to functionalize GNPs as non-viral vectors in the transfection of different cell lines [35]. GNPs covalently coupled with polyethylene Polyethylenimine (PEI) can also be used as potent transfection reagents where expression levels of the transfereed gene are similar or greater than that obtained with commercially available lipoplexes [35]. In another study polyethyleneimine-g-bovine serum albumin (BSA-PEI) was used as non-viral gene vector resulting in good colloid stability and high transfection efficiency [36].

#### Conclusion

On the whole it can be said that GNPs have created immense interest in the field of medicine as an antimicrobial agent as well as vehicles of gene delivery. The assessment of the biocompatibility and potential toxicity of gold nanoclusters remains a major importance before their clinical application [33].

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