



# Global Challenges in the Treatment of Gastroenterology and Hepatology Diseases



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## Opinion

Every year, there are an expected 1.5 billion episodes of diarrhoea in worldwide [1]. Global burden of gastroenterological diseases in three major areas like Diarrhoea, Hepatitis B, and *Helicobacter Pylori*. No single intervention is sufficient to eliminate the global burden of enteric and diarrhoeal diseases. Diarrhoeal diseases are caused by a wide variety of pathogens. Diarrhoeal episodes are generally acute in nature. Sometimes, they can cause fluid and electrolyte loss from the small intestine. Oral rehydration solution (ORS) developed at the International Centre for Diarrhoeal Diseases Research in Bangladesh in 1968 [2]. WHO adopted the distribution of an ORS in 1975 [3]. In 2000, China introduced a monovalent lamb-derived live attenuated oral vaccine, but, the efficacy of this vaccine is not known [4]. Hepatitis B Virus (HBV) is the foremost hepatological health problem. Two billion people worldwide are suffering with HBV [5]. Chronic infection is responsible for the burden of disease associated with HBV. The best example of the effectiveness of a HBV vaccination programme is started in Taiwan [6]. The Global Alliance for Vaccines and Immunization (GAVI) was founded in 1999. GAVI is a consortium between WHO, the World Bank, UNICEF and the Bill and Melinda Gates Foundation [7]. Fifty percent of the world's population is infected by *H pylori* [8]. Epidemiological studies revealed that person to person transmission is likely to be via faecal-oral and oral-oral routes [9]. 90% of duodenal ulcers and 70% of gastric ulcers are associated with *H pylori* infection [10]. Metronidazole resistance is an increasing problem in worldwide [11]. *H pylori* infection is recognised as an important public health problem in the developing countries. Irritable bowel syndrome (IBS) is one of the most common functional gastro intestinal disorder [12]. IBS symptoms have a considerably negative impact on patients' quality of life [13]. Renzapride and Cilansetron are used for the treatment of patients with IBS. Other pharmacologic classes like Neutrophins and Tachychinin antagonists are also used for the treatment of IBS [14]. Immunization with enteric vaccines

can reduce the burden of severe diarrhoea. Treatment based therapies should be included into global health strategies to reduce the burden of gastroenterology and hepatology diseases.

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