



Mini Review

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Book Review 'The Eco Houses: A Sustainable Home' (Spanish Version)



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Written by Marcos Cabral Duro, there are a lot of things you can do in order to live in a home that respects the environment and have a greener lifestyle. Apart from the adoption of the 'Reduce, reuse and recycle' principle, they can actually be adopted various energy saving practices. Actually, there are a lot of gadgets and practices efficient energy that you can adopt in order to make your home more efficient of energy and consequently be a greener house. Why not help reduce pollution? Reduce the use of hazardous substances and chemical pipelines, use cleaning products for ecological homes, as well as other products for your daily needs makes a significant contribution to improving the environment good. Help plant more trees and plants in your environment and motivate others to take this same action. They are also acts that are in our hands. Create a green garden with the use of green gardening techniques. There are a lot of things you can consider to help build a greener environment - start a green life and live in an ecological home.

Many people want to live in an eco friendly house; probably you are one of them too well, not? Why? Well, this simple

consideration is enough to help our planet. You already know that undertaking the efforts of recycling is a great essential cause to be able to live in great harmony with the environment. In this book you will obtain the necessary information to achieve your goal. Carrying an Ecological lifestyle, both as a person and in your community, is a way sustainable and ideal to take care of the Earth. In essence, living a greener life involves the following principles: conserve energy, conserve resources, reduce waste, reduce pollution, as well as the emission of hazardous substances for the environment and protect the ecological balance of the earth together with other living beings. Well, as more and more nations are becoming rich and developing countries, calls, as more and more communities are adopting a culture of 'consumerism' and a lot of industries take measures to meet the demands of various services and products through the mass production process, in general, it is inevitable that energy and resources are being used at tremendously fast speeds. Too quickly the author ask so that our planet can assume it without negative consequences.



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