

Case Report
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# Candida Albicans Bone Rib Osteomyelitis due to Previous Systemic Candidiasis



# Delfanti R<sup>1</sup>, Conti L<sup>1\*</sup>, Fronti E<sup>2</sup>, Ratti G<sup>2</sup>, Zangrandi A<sup>3</sup> and Capelli P<sup>1</sup>

<sup>1</sup>Department of Surgery, Ausl Piacenza, Italy

<sup>2</sup>Department of Infectious Disease, Ausl Piacenza, Italy

<sup>3</sup>Department of Histopathology, Ausl Piacenza, Italy

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\*Corresponding author: Luigi Conti, Department of Surgery, AUSL Piacenza, Via Taverna 49, 29121 Piacenza, Italy, Tel: (39) 0523 303162, (39) 3334043148; Email: dr.luigiconti@gmail.com

#### Abstract

Candida albicans osteomyelitis causes significant morbidity if not recognized early. Due to its rarity and chronic course symptoms may persist for months before diagnosis is suspected. Pathogenesis is related to previous candidemia and costochondral joints represent an usual localization.

Keywords: Candida albicans; Osteomyelitis; Costochondral junction; Candidemia

Abbreviations: CA: Candida Albicans; ICU: Intensive Care Unit; WBC: White Blood Cells; CT: Computed Tomography

#### Introduction

A 45-years old man referred to our unit for a painful and swelling mass in the right inferior parasternal joint. The mass appeared several months before, without sings of resolution despite empiric antibiotical therapy. Remarkable in patient's medical history was that on July 2017 a routine coronary angiography caused total dissection of his right coronary artery up to the main coronary sinus, treated by emergency surgical repair and coronary by-pass. After surgery the patient developed a bilateral pneumonia with excavated abscess in the lung after a long invasive ventilation; multi drugs resistant Acinetobacter was isolated in bronchial lavage with Klebsiella Pneumoniae plus Candida Albicans isolated in blood cultures. The CT study showed an area of bone erosion in the seventh right rib at the costo-chondral junction with related abscess in the chest wall up to the skin. The patient was treated surgically by en-block resection of the involved bone and chest wall abscess, with reconstruction of the chest wall made by polyglactin knitted (Vycril®) associated with a prolonged anti-mycotic therapy.

#### Conclusion

Post-surgical C.A. osteomyelitis is more often due to direct insemination and it is subsequent to C.A. hematogenous spread in people harboring predisposing factors like recent major surgery, immunosupression and prolonged ICU stay.

#### **Case Description**



**Figure 1:** Thoracic CT scan, transverse section showing bone erosion of the seventh right rib at the costo-chondral junction with related abscess in the chest wall

On January 2018 a 45 years old man referred to our unit for a painful and swelling mass in the right inferior parasternal joint. The mass appeared several months before, without sings of resolution despite empiric antibiotical therapy. Remarkable in patient's medical history was that on July 2017 a routine coronary angiography caused total dissection of his right coronary artery up to the main coronary sinus, treated by emergency surgical repair and coronary by-pass. After surgery

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the patient had a prolonged ICU stay with prolonged mechanical ventilation developinga bilateral pneumonia with excavated abscess in the lung. Multi drugs resistant Acinetobacterwas isolated in bronchial lavage and Klebsiella Pneumoniae plus Candida Albicans were isolated in blood cultures.



Figure 2: Thoracic CT scan, sagittal section.

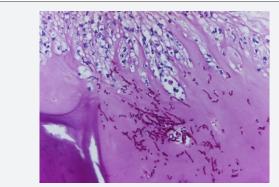


Figure 3: Histopathological sample of the abscess with presence of mycotic hyphae

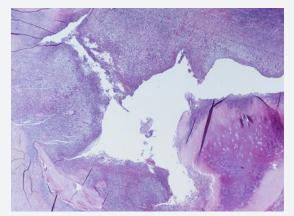


Figure 4: Bone and cartilage erosion.

A various range of antibiotical and antimycothic therapy was performed, and finally the patient was discharged from ICU in September and he finally was discharged in November 2017. After ICU discharge he presented the same swelling and painful

mass in lower right parasternal region as we observed; previous median sternotomy presented well consolidated, far and without any involvement in the abscess. On admission he had no fever and normal WBC count; the CT study showed an area of bone erosion in the seventh right rib at the costo-chondral junction with related abscess in the chest wall up to the skin (Figure 1 & 2) and confirmed no involvement of the sternotomy. He was treated surgically by en-block resection of the involved bone and chest wall abscess, with reconstruction of the chest wall made by polyglactin knitted (Vycril®, Ethicon) absorbable mesh fixed on the near ribs. Histopathology samples confirm abscess and bone erosion with presence of mycotic hyphae inside (Figure 3 & 4); culture samples from bone were positive for C.A.Promptly specific medical therapy against C.A. was started and planned for a six months lasting period. In the eleventh post-operative day he was discharged at home with oral therapy with fluconazole 600 mg per day for six months.

#### **Discussion**

The first reports about costo-chondral involvement in systemic candidiasis dates the eighties and intravenous heroin addicts were involved [1]. Typically, the lack of hygiene in their intravenous injection causes C.A. hematogenous dissemination and subsequent osteoarticular involvement mainly in costo-chondral joint [2]. C.A. hematogenous spread and immunosuppression plays an important role in the pathogenesis for non-traumatic patients or without direct local insemination.C.A. osteomyelitis may be divided in proven osteomyelitis (i.e. compatible clinical characteristics, radiological appearance and positive cultures) or only probable (i.e. positive cultures from bone). Due to its rarity and chronic course symptoms persists for weeks or months before diagnosis is suspected. A swelling mass with pain and edema represents the usual presentation; high fever and important increase of inflammatory markers is unusual. Diagnosis confirmation is made on CT appearance and, as treatment by surgical debridement or resection is mandatory, on cultures and histopathology of surgical specimens.In 2009 IDSA guidelines recommended antifungal therapy lasting at least six months [6] and state that premature discontinuation in medical therapy represents the leading cause of disease relapse [1,6].

#### Conclusion

Postsurgical C.A. osteomyelitis is uncommon and more often due to direct insemination1; more rarely, like in our report, it can be subsequent to C.A. hematogenous spread. This kind of pathogenesis with elective localization in the costo-chondral junction was first reported in the eighties in intravenous heroin addict [2]. In more recent times it is anedottically reported in people harboring predisposing factors like recent major surgery, immunosuppression and prolonged ICU stay [1,3-5].

#### Lesson learned

Due to its rarity C.A. osteomyelitis is not suspected and the diagnosis is done after weeks or months of pain and inadequate

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antimicrobial therapy, causing significant morbidity. Prolonged medical therapy is not enough to solve the problem and surgical debridement is needed. This can also confirm the diagnosis and drive the therapy by culture samples. Despite aggressive surgery, prolonged anti-mycotic therapy for at least six months is needed and early discontinuation of the therapy represents the leading cause of infection relapse [1,6,7]. Reconstructing material interposition represents a predisposing factor for persistent infection, so the prompt use of metal materials for bone reconstruction should be avoided. State the need of prolonged medical therapy we decided for a temporary reconstruction of the chest wall made by absorbable material, that won't be in site at the end of the six months therapy. If bone reconstruction made by metal material is needed for aesthetic or functional problems it can be deemed at the time of local sterilization.

### Acknowledgment

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#### **Conflicts of interest**

The authors have no conflicts of interest to disclose



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