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# Determination of Adulteration and Chemical Composition of Raw Milk Sold in Hossana Town, South Ethiopia



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#### Abstract

The present study was designed to analyze chemical composition, organoloptic evaluation and adulteration condition of milk sold in Hossana town, Ethiopia during the year 2015/16. A total of thirty (30) milk samples were collected, each of ten (n= 10) from milk producers (MP), cafeteria and control. Results showed that maximum fat, protein, lactose density, solid-not-fat, total solid and water contents were observed in samples S3 (4.65%), S1 (3.40%), S2 (4.24%), S2 (31.94%), S2 (5.65%) S1(9.3%) and S1 (11.17%) respectively. The results for raw milk sample for evaluating the chemical composition (protein, density, solid-not-fat, and total solid) showed that there is no significant difference (p>0.05) statistically. The statistical analysis showed that the fat and water contents of these milk samples collected from different sources were significantly different (p<0.01). Clot-on-boiling test (COB) and alcohol test (AT) showed that milk sample from house hold milk has superior quality as compare to cafeteria milk. 90% and 80% milk samples from milk producer and cafeteria respectively were successfully pass on clot-on-boiling test, whereas (80% and 70% milk samples from milk producer and cafeteria respectively were successfully pass on clot-on-boiling test, the result was based on physical appearance (sensory evaluation) system. Ninety percent (90%) milk samples from milk producer were normal (white in color) and 10% were abnormal (yellowish white). Whereas (80%) milk samples from cafeteria were normal and 20% were abnormal (yellowish white). 70% and 67% milk samples from milk producer and cafeteria respectively were normal in odor/ Smell. In general, it is not fair to conclude that some of the milk quality parameter sold at Hossana city, met the minimum legal standards of normal milk. Therefore, it is recommended that introducing different dairy technologies should be supported with a continuous training on how to manage a dairy farm. Stronger milk quality control and quality base payment could help a lot to discou

Keywords: Cafeteria; Fat; Lactose; Protein; Solid Non-Fat; Total Solid; Protein; Density; Vitamins; Minerals; Adulteration; Milk; Goats; Camels; Nutritious food; Pathogens; Livestock; Alcohol; Boiling

Abbreviations: AT: Alcohol Test; COB: Clot-On-Boiling test; MP: Milk Producers; ES: Ethiopian Standard; EU: European Union; APT: Alcohol Perception Test; SNF: Solids Not Fat Percentage; FDA: Food and Drug Administration

# Introduction

The cattle population in Ethiopia is estimated to be about 53.9 million, out of which female cattle constitute about 55.4 percent. About 98.95% of the total cattle are local breeds and the remaining are hybrid and exotic breeds [1]. Dairy production is a critical issue in Ethiopia-a livestock-based society-where livestock and its products are important sources of food and income, and dairying has not been fully exploited and promoted. The annual milk production is estimated about 3.8 billion liters from cattle and 165 million liters from camel [2]. Ethiopia has a huge potential for dairy development, with the number of milking cows estimated to be around 9.9 million heads [3]. Cattle milk constitutes the larger proportion of the milk produced nationally (83%), with the remainder coming from goats and camels [4].

Milk is a compensatory part of daily diet especially for the expectant mothers as well as growing children [5,6]. Milk is a perfect food, readily digested and absorbed for maintenance of health in adults. It is chiefly a valuable source of good quality protein, fat, carbohydrates, vitamins and minerals [7]. According to [8], the major components of milk are water (87.4%), milk solids (12.60%), solids-not-fat (9.0%), fat (3.60%), protein (3.40%), milk sugar or lactose (4.90%) and ash or minerals (0.70%). The constituents may vary with genetic (breed and individual cow and variability among cows within a breed) and environment (interval between milking, stage of lactation, age, feeding regime, disease and completeness of milking). It is a well-established fact that consumers want clean, wholesome

and nutritious food that is produced and processed in a sound, sanitary manner and is free from pathogens. Hence, for fulfilling consumer's demand, quality milk production is necessary. Quality milk means, the milk which is free from pathogenic bacteria and harmful toxic substances, free from sediment and irrelevant substances, of good flavor, with normal composition, adequate in keeping quality and low in bacterial counts [9].

In Ethiopia, milk is produced in urban and rural areas mostly in non-organized way and usually supplied to the consumers in raw form. Because of its high demand and seasonality in supply, dishonest producers and traders deliberately adulterate milk and its products to promote the level of these essential nutrients after reduction of a given amount, increase their profit margin by several chemicals like urea and increase its volume by adding substances such as starch, flour, cane sugar, vegetable oils, preservatives, water, skim milk, etc. [10]. This ultimately leads to the stage that the consumer is either cheated or often becomes victim of diseases [7]. Such types of adulteration are quite common in developing countries. However, there is scarcity of information regarding the milk composition and physical evaluation in Hadiya Zone in general and Hossana city in particular. Understanding the factors affecting the milk quality is critical to success of improvement and implementation of policies in dairy industry. Keeping in view the above facts, the present study was conducted to achieve the following: -

# Objective

i. To determine the chemical composition of the milk available in the study area.

ii. To detect water adulteration in milk in the study area.

iii. To determine the physical evaluation of milk in the study area.

# **Materials and Methods**

# **Description of the Study Area**

The study was conducted in Hossana city of Hadya zone, Southern Nations, Nationalities and People Regional State (SNNPRS). Hosanna town is located 232Km away from Addis Ababa, in the south direction. The area is situated at midland with an altitude of 1800 masl and exhibit a bimodal rainfall system (long and short rainy season). The long rainy season extends from June to September, whereas the short rainy season ranges from mid-February to the end of April. The living style of the people depends on agriculture, predominant, using mixed crop - livestock farming system. The maximum annual temperature does not exceed 26 °C and mean minimum temperature varies from 11.2 to 19.2 °C.

# **Sampling Techniques**

Purposive and randomly sampling procedures were used to select farm households. The study kebeles (Bobicho, Jole narramo, Lichamba and Melamba) were selected intentionally based on number of crossbred cows distributed and milk production potential. Lists (census) of households of the selected areas were obtained from Hossana Agriculture and Rural Development Offices. Finally, a total of 30 households were selected randomly.

# Methods of Milk Sampling

A total of thirty milk samples were taken (10 from farmers, 10 from milkier and 10 cafeterias). Samples of raw morning milk were taken from each household once every week over a period of four weeks for determination of chemical composition and physical examination of raw milk following standard methods as described by [11]. The cows, which were selected for milk sample collection, were physically evaluated for health and hygienic condition prior to sampling. 250ml milk samples were collected aseptically from individual cows milking from containers immediately after milking. Crossbred cow's milk was collected in different week in different bottle for milk chemical composition analysis. Fresh cow milk, in cans and bulk tanks, were thoroughly mixed to disperse the milk fat before collection of milk sample for physico chemical analysis. The samples collected were placed in a sterile container and kept in an ice box while transporting to Addis ababa shoal milk enterprise dairy laboratory for chemical analysis with a minimum of delay. Each farmer or cafeterias were visited twice for sample collection. In the First week, 10 samples from each farmer, from milkier and cafeterias were collected and analyzed. In the second week, following the same procedure 10 samples from each were collected for laboratory analysis. Every sample was divided in to three parts: one for physical examination, second for chemical composition and third for water adulteration. All samples were done in duplicates. The following analysis was carried out.

### **Physical Examination**

The ten panelists were selected from Animal Science Department to assess the sensory acceptability of milk that collect from the study site. Each sample was observed for general appearance (presence of dirt), odor (mild and cowey), color (yellow and bloody), consistency (thin or watery) and sediments with the help of a panel of expert according to [12].

#### **Clot on Boiling Test**

This test was performed according to the method described by [13] for acid milk having pH less than 5.8 or abnormal milk (e.g. colostral or mastitis milk) to assess milk acidity. The alcohol test was done by using a 68% ethanol solution. Tests were done immediately after the samples were delivered to the laboratory. 2 ml of the raw milk sample was taken and mixed with 68 percent ethanol solution in a sterile test tube. The solution was prepared from 68 ml 96 percent alcohol and with 28 ml of distilled water.

#### **Alcohol Perception Test**

This test was also performed according to method of [13]; the test is based on the proteins (instability) and concentration of acid or rennet is increased. Test assesses the increased levels of albumen colostrum milk and salt concentrates (mastitis).

## **Chemical Analysis**

Analyses were performed at addiss ababa (shoal Milk enterprise dairy laboratory) according to Lacto scanner (Dr Gerber, Germany), [14] methods to determine the composition (density, lactose, protein, total fat, total solid and water adulteration). Percent Solids-not-fat was calculated by the following equations: %SNF = % Total solids – % fat.

#### **Statistical Analysis**

The raw milk samples were analyzed for physical appearance, quality and presence of adulterants. The data obtained was tabulated and analyzed according to statistical procedure of analysis of variance (ANOVA) and significant differences of the mean was further computed using Duncan's Multiple Range Test at 0.05% level of probability through computerized statistical package. Pearson correlation and multiple regressions were used to analyze the association between milk quality parameters.

#### **Results and Discussion**

All the results from the analysis of milk compared to the standard values suggested by Ethiopian standard (ES) and European Union (EU) quality standards were presented in the Table 1.

 
 Table 1: Comparison between nutrient contents of samples and Ethiopian standard (ES).

Nutrients (%)	Samples (n=30) Mean values for (S1, S2 and S3)	Ethiopian Standard (ES) %	European Union (EU) quality standards (Raff, 2011) %	
Fat	3.96	3.5	3.25	
Lactose	3.83	NA	4.2	
Protein	3.13	3.2	2.73	
SNF	4.82	NA	8.25	
Total Solid	8.78	12.8	12.5	

NA: Not Available.

#### Fat Percentage of Examined Milk Samples

Our results showed that maximum fat was observed in sample S3 (4.65%) followed by S1 (4.02%), while minimum was observed in sample S2 (3.21%) followed by S4 (3.09%) (Table 2). While among the milk samples the fat content of milk obtained from the control (S3) seems to be higher (4.65%), compared to that of milk samples obtained from the sale points of S2 (4.02) and S2 (3.21) respectively. The results showed that there was significant (P<0.01) difference among samples in fat contents (Table 2). The maximum fat yield observed in the present study is lower than the average fat (5.22%) for crossbred cows in selected areas of Amhara and Oromia National Regional States, Ethiopia reported by [15]. The overall mean fat content of 3.71% in the study areas was lower than what was reported by [16] for cooperative smallholders in Ethiopia (4% fat). However, the peak fat yield in the present study (4.65%) was higher than

with what was reported by [17] (4.27%) in west Shoa zone, Oromia Region, Ethiopia and [18] for HF crossbred dairy cows in Western Amhara Region, Ethiopia (4.17% fat). This result is in accordance with the finding of [19], which stated that high fat percent crossbred cows (5.02%). The maximum value of the fat (4.65%) in the study area is higher than the minimum quality standard value of Ethiopian (ES) value (3.50%), [20]. According to Food and Drug Administration (FDA) a minimum fat content of whole milk is 3.25% [21]. The value of protein content obtained in the current study fulfills the criteria developed by FDA and ES for the consumers. This difference in percent fat content may be due to the difference in feeding and management practices of the animals [22]. The low-fat content in S2 and S4 may be due to attributed to adulteration by addition of water or partial skimming.

## **Protein Percentage of Milk Samples**

Results showed that maximum protein content was observed numerically in sample S1 (3.40%) followed by S2 (3.24%), while minimum was observed in sample S4 (2.99%) followed by S3 (2.75%) however, the differences among them were statistically not significant (P>0.05) (Table 2). The maximum protein content (3.40%) in the present study is higher than with the findings of [15] and who reported that the average Protein was (3.12%) in selected areas of Amhara and Oromia National Regional States, Ethiopia. However, the highest protein content in the present study ((3.40%)) was in accordance with what was reported by [17] (3.67) in west Shoa zone, Oromia Region, Ethiopia and [18] (3.34%) for HF crossbred dairy cows in Western Amhara Region, Ethiopia. The highest value of protein (3.40%) in the present study area is slightly higher than the minimum quality standard value of Ethiopian (3.20%), [20], but similar with the protein content observed in S2 (3.24%). According to Food and Drug Administration (FDA) a minimum protein content of whole milk is 2.73% [21]. The value of protein content obtained in the current study fulfills the criteria developed by FDA for the consumers.

## Milk Total Solids Percentage of Examined Milk Samples

Total solids are one of the parameter used for the quality of milk. Our results showed that maximum total solids were recorded in sample S1 (9.3%) followed by sample S2 (8.87%), while minimum was recorded in sample S3 (8.17%) followed by S4 (7.38%) (Table 2). Among the milk samples the total solids content of milk obtained from S3 (8.17%) seems to be lower compared to that of milk samples obtained from the sale points of S1 (9.3%) and S2 (8.87%) respectively, however, the differences among them were statistically not significant (P>0.05) (Table 2). The maximum total solids content in the present study (9.3%) was lower than with what was reported by [18] for HF crossbred dairy cows in Western Amhara Region, Ethiopia (13.48%). Moreover, the maximum total solids (9.3%) yield observed in the present study is lower than the mean of 13.07% for crossbred cows in west Shoa zone, Oromia Region reported by [17] and 13.15% for crossbred cows' milk in Bahir Dar milk shed area reported by [23]. In our sample, total solids (8.78) percentages were lower than the Ethiopian Standard (12.8). According to European Union recognized quality standards for total solids content of cow milk is not to be less than 12.5% [24]. In view of that, the total solid content obtained from the present study both household milk producers and cafeteria were below the quality standards.

# Solids Not Fat Percentage (SNF %) of Examined Milk Samples

Results presented in (Table 2) reveal that milk samples of cafeteria (S2) were better in SNF content (5.65%), compared to that of milk samples from farmer (S1) 5.28%. Moreover, the SNF content of milk sold at both areas was comparatively higher than that of control milk numerically (3.52%). However, the differences among the samples were statistically non-significant (P> 0.05). The maximum SNF% (5.65%) yield observed in the present study is lower than the 8.44% for crossbred cows in selected areas of Amhara and Oromia National Regional States, Ethiopia reported by [15], 9.31% reported by [18] in Western Amhara Region, 8.89 reported by [17] for Holstein Friesian

Table 2: Chemical Composition of cow raw milk in the study area.

crossbred cows in west Shoa zone, Oromia Region , 8.96 for Holstein Friesian crossbred cows reported by [23] in Bahir Dar milk shed area Ethiopia and 8.75% in Dire Dawa town reported by [25]. According to Food and Drug Administration (FDA) as well as European Union (EU) quality standards, a minimum solids-not fat (SNF) content of whole milk is 8.25% and 8.5% [26], respectively. In view of that, the result obtained in the present study area was within the quality standards given by FDA and EU.

# **Density of Examined Milk Samples**

The average density content of milk producer (S1), cafeteria (S2), control (S3) and control + water (S4) was presented in Table 2. While among the milk samples the density content of milk obtained from the cafeteria (S2) seems to be higher (31.94%), compared to that of milk samples obtained from the farmer (S1) (27.62%), however, the differences among them were statistically not significant (P>0.05) (Table 2). The maximum density content of S2 (31.94%) in the study areas was slightly higher than what was reported by [15] for cross breeds cows in Ethiopia (28.70%), but this was in accordance with (S1) (27.62%) and (S3) (28.10).

Quality parameters	<b>S1</b>	S2	<b>S</b> 3	S4	F Value	Pr > F	SL
Fat (%)	4.02(0.07) <sup>ab</sup>	3.21(0.24) <sup>bc</sup>	4.65(0.84)ª	3.09(0.01)°	8.4	0.01	**
Solid -Non -Fat (%)	5.28(1.61)	5.65(0.86)	3.52(0.94)	4.29(0.01)	1.75	0.25	NS
Density (%)	27.62(3.39)	31.94(3.83)	28.10(1.03)	25.76(0.65)	1.96	0.22	NS
Total solid	9.3(1.68)	8.87(1.02)	8.17(0.09)	7.38(0.02)	1.28	0.36	NS
Protein (%)	3.40(0.62)	3.24(0.37)	2.99(0.03)	2.75(0.07)	1.09	0.42	NS
Lactose	3.91(0.51) <sup>ab</sup>	4.24(0.16) <sup>a</sup>	3.33(0.09) <sup>b</sup>	3.19(0.01) <sup>b</sup>	6.08	0.02	*
Water adulteration (%)	$1.08(1.88)^{b}$	2.30(3.99) <sup>b</sup>	0.00(0.00) <sup>b</sup>	11.17(0.23)ª	8.37	0.01	**

Numbers in bracket are standard deviation; Means with in a row with different superscripts are significantly different, \*: Significant at (P<0.05), \*\*: Significant at (P<0.01), NS: Non- significant (P>0.05), SL: Significant level, S1: Milk from producer; S2: Milk from Cafeteria; S3: Control; S3: Control plus 5% water; SL: Significant level.

# Lactose Percentage of Examined Milk Samples

Table 2 shows that among the milk samples the lactose content of milk obtained from the cafeteria level seems to be higher (4.24%) compared to that of milk samples obtained from the sale points of farmer (3.91%) and control (3.33%). The results showed that there was significant (P<0.05) difference among treatments in lactose content of milk. The highest lactose content in the present (4.24%) was lower than with what was reported by [18] for HF crossbred dairy cows in Western Amhara Region, Ethiopia (5.26% Lactose). Lactose content may be affected by the presence of bacteria in raw milk as a result of storage temperature differences [27]. The lactose content of milk though can range from 3.6 to 5.5% [28]. So, the percentage of lactose found in the current study was 4.24%, which is similar to that reported by [28].

## Water Adulteration of Examined Milk Sample

Water is the most common adulterants in milk which is often added to increase the quantity of milk by scrupulous milk sellers to be paid simple money. Milk samples randomly collected from milk producers (S1) and cafeteria (S2) at Hossana city of Hadiya zone were examined for water adulteration. Results presented in Table 2 showed that maximum water content was recorded in sample S4 (11.17 %) followed by sample S2 (2.30%), while minimum was recorded in sample S1 (1.08%) followed by S3 (0.0%). In the present study the extent of irrelevant water found to be comparatively higher (P<0.01) in milk sold at S4 (11.17%) than that of milk sold by S1 (1.08%), S2 (2.30%) and S3 (0.00%) Table 2. The results in S1 (1.08%) and S2 (2.30%) approximately agreed with those previously achieved (1.19%) by [15]. For the fulfillment of the gap between demand and supply different milk marketing dealers adulterated the milk by adding water which is probably carried out during the handling of milk starting from milking till it reaches the consumer or end user (Figure 1).



physicochemical properties.

# **Physical Examination**

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The results regarding organoleptic characteristics test are presented in Table 3. Overall acceptability includes many implications, which is the important parameter in organoleptic estimation. The overall acceptance expresses how the consumers or panelists accept the product generally. Results of present study showed that 67% of the milk samples from farmers and cafeterias had clear general appearance; 70% and 67% showed normal odor/ smell. The smell for milk producer and control was almost equal to normal smell of milk but in case of cafeteria the smell was slightly bitter than normal taste of milk. This smell differences among the milk sources may be due to long term storage and lack of storage facilities. The results show that milk sample from producer and control has normal (yellowish white) color as compared to the cafeteria sources. However, the color of cafeteria sources is slightly different from producer and control milk source and shows more yellowish pale color than normal milk color. The color difference in milk was might be due to observed due to change in feeding habits of animal. 80% and 70% samples had normal consistency and 100% samples had no sediments in it, milk collected from various farmers and cafeterias, respectively. All this may be considered as hindrances to accept such milk for human consumption. The results for physical examination of milk clearly showed that the milk sold at farmers and cafeterias was slightly put to the mismanagements such as adulteration with water that probably carried out during the handling of milk starting from milking till it arrived at the end consumers. As a result the milk marketed at farmers and cafeterias cannot in all fairness. Overall evaluation of farmer milk samples and control was better than the cafeteria sources of milk (Table 3).

Table 3: Organoleptic evaluation of milk samples collected from farmer and cafeterias in the study area.

Examinations	Milk producers (MP)		Cafeterias		Control		Control + 5% water	
General Appear- ance	67% Clear	33% unclean	67% clear	33% unclean	90% Clear	10% unclean	88% clear	12% unclean
Odor/ Smell	70% normal	30% abnor- mal	67% normal	33% abnor- mal	100% normal	0% abnormal	100% normal	0% abnormal
Colour	90% normal	10% abnormal	80%normal	20% abnor- mal	100% normal	0% abnormal	100% normal	0% abnormal
Consistency	80% normal	20% abnor- mal	70% normal	30% abnor- mal	85% normal	15% abnor- mal	65% normal	35% abnor- mal
Sediment	100% no sediment	0% yes sedi- ment	100% no	0% yes	100% no	0% yes	100% no	0% yes

# Clot-On-Boiling Tests (COB) and Alcohol Perception Test (APT)

 Table 4: Values for clot-on-boiling and alcohol test of different milk samples.

Sources	clot-on-bo resu	0	alcohol test results		
Sources	Accepts (%)	Rejects (%)	Accepts (%)	Rejects (%)	
Milk Producer (S1)	90	10	80	20	
Cafeteria (S2)	80	20	70	30	
Control (S3)	100	0	100	0	
Control + 5% water(S4)	100	0	100	0	

The results pertaining to the clot on boiling test and alcohol test are presented in Table 4. Results revealed that 20% of milk samples from cafeterias and 10% of milk from milk producers failed to match in clot on boiling test respectively. The difference in COB values for milk producers (S1) and cafeterias (S2) might be due to the management practices during the handling of raw milk. Differences in COB values are the main reasons of quality deterioration of milk. [29] revealed that deterioration increases as the steps increase towards marketing.

The result of the alcohol test among all three sources of milk shows high reject cases recorded in cafeteria (S2) 30% and 20% Milk Producer (S1) values. The result shows high level of acid concentration in the milk samples that indicate low quality milk. Milk coagulated only when the acidity of milk reached 0.210.23%. According to the results the percentage of rejection was slightly lower in milk producer (S1) as compared to milk sample from cafeteria (S2). The problems may be due to long time storage of milk. The present results are in line with [28], who observed similar results in milk samples taken from market.

Table 5 shows correlation coefficients among the different milk quality parameters. Density of raw milk was negatively correlated with fat content and positively correlated with solid non-fat. Protein content was positively correlated with fat content. In addition, protein was correlated positively with both SNF and density whereas lactose was correlated positively with SNF, density and protein. On the other hand, adulterations (water addition) were negatively correlated with Fat, SNF, density, Total solid, protein and lactose.

 Table 5: Correlation coefficients strength among different milk quality parameters in the study areas.

Vari- able	Fat	Den- sity	Lac- tose	Total solid	Protein	SNF	Water add	
Fat 1	-0.15	-0.179	0.195	0.178	-0.369	-0.612		
Fat	1	0.678	0.619	0.587	0.621	0.292	0.059	
<b>D</b>		1	0.275	0.212	0.186	0.285	-0.507	
Density			0.44	0.555	0.605	0.424	0.134	
Tester				1	0.698	0.685	0.761	-0.4
Lactose			1	0.024	0.028	0.01	0.251	
Total	Total			1	0.997	0.838	-0.675	
solid					0.0001	0.002	0.032	
Ductoin			1	0.846	-0.646			
Protein					1	0.002	0.043	
SNF						1	-0.299	
						1	0.4	
Water add							1	

# **Conclusion and Recommendation**

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The results of the physical examination, chemical composition and milk adulteration clearly showed that the milk sold at Hossana city was to some extent put to the mismanagements such as adulteration of milk with water which was carried out during the handling of milk starting from milking till the receiving by end consumer to overcome the gap between demand and supply. Probably everyone involved in the milk marketing chain diluted milk to some extent directly or indirectly but very intentionally. Clot-on-boiling tests (COB) and alcohol perception test (APT) showed that milk sample from house hold milk has superior quality to cafeterias milk. Organoleptic test result regarding taste and color is also better in-house hold milk sample. In case of flavor, house hold milk and control have quite better results than the cafeteria milk. In general, it is not fair to conclude that some of the milk quality parameter sold at Hossana city, met the minimum legal standards of normal milk. Therefore, it is recommended that introducing different dairy technologies

should be supported with a continuous training on how to manage a dairy farm. Stronger milk quality control and quality base payment could help a lot to discourage adulteration.

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