



Review Article

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## Surveillance Strategies for Emerging Zoonotic Diseases in South Asia



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#### Abstract

South Asia, being a region with dense population, rapidly changing ecosystem and very close human and animal interaction, have increased the threat of zoonotic disease like never before. Zoonoses still progresses to challenge both public and animal health sectors, from diseases like rabies and brucellosis to emerging threats like Nipah and Avian Influenza. This review article deep dives into the current landscape of zoonoses surveillance status in South Asian countries, focusing the need for a dynamic, joint approach under the One Health framework. We have studied both traditional and modern innovative surveillance methods, which includes passive reporting, syndromic alerts, mobile-based technologies, and geospatial mapping tools etc. DHIS2, PREDICT, rabies control collaborations are some of the examples of commonly accepted cross-sectorial surveillance approaches, contributing in integrating animal, human, and environment health sectors under the One Health frameworks [1]. Studying the country-wise examples, this review points out vital gaps in cross sectorial coordination due to fragmented systems, manpower scarcity, and limited diagnostics infrastructures. Those gaps and the challenges still persist and limits the effective surveillance [2, 3]. For strengthening of such, structuring strong One Health coordination facilities, training veterinarians and community health workers and improving international Tripartite or Quadripartite support systems like., WHO, FAO, WOAH, UNEP is crucial [4]. Focusing in the real-world challenges and opportunities, this article sheds light on reactive outbreak responses to precision based, timely, anticipatory monitoring of zoonotic threats which will eventually safeguards both the animal and human health in these most vulnerable regions of Asia.

Keywords: Surveillance strategies; Zoonotic diseases; One health; Global Health; South Asia

#### Introduction

Zoonotic diseases arise from human interactions with animals, leading to the unintended transmission of pathogens between them. Zoonoses remain a significant cause of morbidity and mortality among human populations, having been a source of pandemics throughout human history [5]. The transmission of an infectious agent from an animal to a human being initiates a series of events that involve the entry, primary replication, dissemination to target organs, and establishment of infection within those organs [6]. There are over 250 zoonotic diseases that humans acquire directly or indirectly from a wide range of animal species. Out of all human infections, four-fifths are zoonotic infections that contribute to mortality and morbidity across all age groups and sexes [6]. The direct impact of zoonoses can be significant, resulting in illness, financial losses, adverse effects on personnel morale, negative publicity, and legal implications. Indirect effects stem from the risk of human infection, barriers to livestock trade,

additional costs associated with control programs, and marketing produce to ensure its safety for human consumption, as well as the loss of market due to diminished consumer confidence [7]. There are three main categories of zoonoses: [a] endemic zoonoses, which are widespread and affect both humans and animals, such as Brucella and the rabies virus; [5], [b] epidemic zoonoses, which have sporadic temporal and spatial distributions, like the 2009 H1N1 influenza pandemic [6], emerging and re-emerging zoonoses, which have existed before but are now rapidly increasing in prevalence or range, such as MERS-CoV. [7].

Both the emerging and re-emerging zoonotic disease have become a major public health concern nowadays. In developing countries, especially in the South Asian region, nearly 40% [600 million people] are living in poverty and is also the hub for nearly all known zoonoses. The emergence of diseases like leishmaniasis, trypanosomiasis, Nipah virus, and SARS-CoV infections, as well as

the resurgence of diseases like rabies, leptospirosis, anthrax, influenza, helminth, and fungal zoonoses, has created a serious public health consequence and socioeconomic impact in South Asian countries [8]. Over the past two decades, Southeast Asia has also seen several zoonotic diseases emerge, severely impacting the regional economy and causing significant loss of life among both animals and humans so it is considered a region to monitor for future emerging zoonotic diseases [9].

To alleviate the risk of zoonotic disease transmission among animals and humans, it's essential to understand the underlying causes and origins of these outbreaks by observing the previous trends of zoonoses outbreaks over time [10]. Surveillance strategies must be flexible and adaptable to emerging disease situations. Since zoonotic diseases can emerge before humans show symptoms, there's an opportunity to anticipate and prevent disease by implementing control measures [11]. Recent advances in artificial intelligence, remote sensing, environmental biosensors, and geospatial modeling have enabled more precise, real-time detection and mapping of zoonotic risk. These tools can help identify outbreaks earlier, pinpoint hotspots, and improve targeted interventions at the human-animal-environment interface. [12]

### **Types of Surveillance Strategies**

Surveillance is an ongoing process in general, but in an epidemiological context, it is the systematic process that involves ongoing data collection, analysis, interpretation and explanation of the data regarding animal health to investigate emerging diseases [13]. The major types of surveillance strategies which has a crucial role in identifying the emerging diseases and protecting Animal and public health is mentioned below:

#### **Active Surveillance**

The term "active surveillance" describes surveillance operations that are purposefully designed and executed gather specific data. It is also called proactive and systemic method of disease surveillance [14]. This method, which is usually supervised by Veterinary Authorities and also enables data collecting to be customized to satisfy certain decision-making requirements. Active monitoring is frequently more expensive and time-consuming than passive techniques, but this type of surveillance offering greater control and relevance [15].

Zoonotic infections, those that can be spontaneously transmitted from animals to humans account for 60% of known infectious diseases and up to 75% of emerging infectious diseases [EIDs]. Some major importance of Active surveillance is it helps to provide early warning capabilities that are essential for early detection and response to zoonotic threats [16]. Active surveillance helps understand the intricate ecological relationships between animals, viruses, and humans that underlie illness emergence [16]. The key human-animal interfaces where spillover is most likely to happen should be the focus of surveillance [17].

#### Active surveillance targeted Field Investigations

High-risk interfaces include sampling at farms, live-animal marketplaces, and wildlife habitats where there is a high frequency of human-animal interaction. [18,19] Disease hotspots are areas where zoonotic risks are increased by urbanization, deforestation, or climate change [e.g., bat habitats for Ebola/Nipah viruses] [20].

#### Sampling Strategies for the Active surveillance

The pathogenic sample can be collected from wildlife Sampling like bats for corona viruses and rodents for hantaviruses additionally, primates for zoonotic retroviruses. [21] Livestock are also tested for anthrax in cattle and poultry for avian influenza [H5N1]. [22] There are also some vectors like mosquitoes which can be sampled by trapping for arbovirus, and tick can be sampled for Lyme disease. [23] Other sampling can be taken, like wastewater for the detection of SARS-COV-2, and also soil can be tested for the identification of pathogens like Bacillus anthracis [Anthrax] [24,25].

#### Passive surveillance

Passive surveillance is routinely and commonly conducted method. The primary goal of surveying the landscape for livestock diseases and identifying any status changes. These programs are typically partially visible or indirect, depending on farmer interviews and notifications. This is a crucial component of early warning. [26] Based on symptoms or test results, veterinarians, physicians notify public health or animal health authorities about cases of zoonotic diseases such as avian influenza, brucellosis, or rabies. [27]

For example, strengthening pandemic preparedness for early detection in Nepal is conducted in avian influenza bio-surveillance. [28]

#### **Syndromic Surveillance**

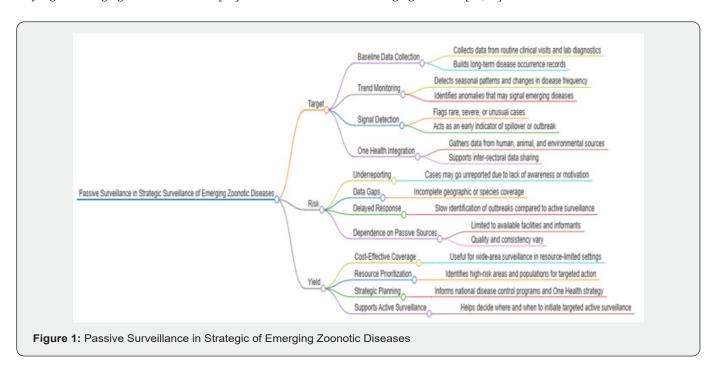
In order to identify outbreaks of emerging diseases faster than using traditional laboratory techniques, syndromic surveillance [SyS] is an early-warning system that trace pre-diagnostic health indicators such as symptoms, behavioral changes. [29] To make confirmation of disease before outbreak several kinds of data source can be used such as pharmacy sale, Livestock mortality, reproductive disorder, veterinary clinic report, climate data, vector report which may be signal of emerging disease. [34,36]. Therefore, major objective and core principle of syndromic surveillance is to detect and identify the unusual symptom or heath event in human and anmal. [33]

#### **Evidence-Based Surveillance system**

EBS is a proactive monitoring method that uses data sources that are unstructured and informal in nature to identify possible emerging zoonotic disease outbreaks before official confirmation. It enhances traditional indicator-based surveillance [IBS] by em-

phasizing the rapidness and scope of detection, particularly in environments with limited resources. Therefore, this EBS system help to rapid detection of unusual symptom health events that may signal emerging zoonotic disease. [34]. For EBS data source

are News media like local and international reports, social media such as trends and keyword search, community reports by veterinarians and informal former reports can be used for capture the emerging diseases. [35,36].

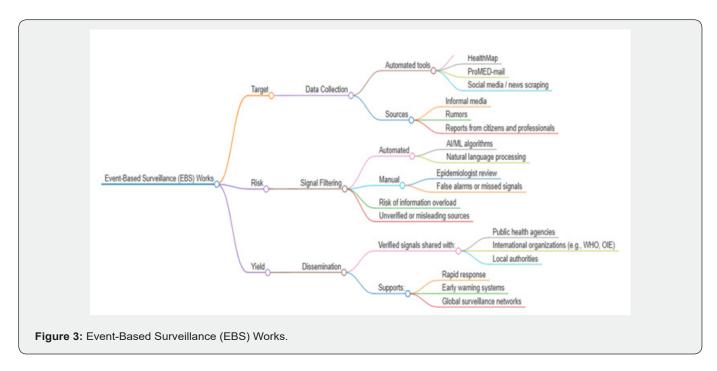




#### **Cross-Sectoral Surveillance [One Health Approach]**

The One Health foundation specifically highlights that human, animal, and environmental health are deeply interconnected. Integrated surveillance ensures that emerging zoonoses are identi-

fied early, boosting prevention and control strategies [37]. There are digital platforms that support animal health alongside human health data. For example, Tanzania and Indonesia use DHIS2 to collect and analyze community-level reports on animal and human health, improving the early warning of [38].



Effective One Health systems rely on robust data-sharing across ministries [Health, Livestock, Environment]. Bangladesh has established a One Health Secretariat that integrates events-based surveillance and visual dashboards, enabling real-time, multi-sectoral data exchange [37]. Programs like CDC's PREDICT promotes sharing of laboratory and outbreak data among our integrated ecosystems, leading to coordinated informations and formal national One Health platforms, as in Rwanda [1]. Programs like Mission Rabies and the Global Alliance for Rabies Control exemplify One Health approaches by coordinating vaccination campaigns, community education, and joint surveillance across sectors [39]. Utilizing the SARE framework to coordinate sector plans, the WHO National Bridging Workshop for Rabies [NBW-R] has been carried out in Ghana and Bali to identify and improve collaboration barriers across ecological, animal, and human health [40].

These given examples confirms that cross-sectoral surveillance promotes identification and response to zoonotic threats, outbreak preparedness, and supports vaccination and awareness among the netizens.

#### **Country-wise Snapshots**

The country wise surveillance status of zoonotic disease in discussed below where Nepal, India and Bangladesh is described more on the availability of data and the later are detailed in the table given below.

#### **Brucellosis Surveillance & Reporting in Nepal**

Brucellosis is endemic in Nepal most commonly occurs in Bovine and caprine species but the sufficient scale of surveillance is not yet conducted it is only seen that few farms only perofom testing of Brucellosis. [41]. A sero-survey which carried out in hitwan around 2015-2016 by using RBPT and ELISA, revealed 11%

prevalence in cattle, which signals the need for mass screening, farmer education, and immunization initiatives [42]. Government measure is obstructed by a lack of funding, insufficient laboratory equipment and tools and cultural barriers including bans on the killing of cattle [41].

#### Antimicrobial Resistance [AMR] Surveillance in Nepal

In spite of growing awareness of AMR, Nepal does not have a unified national system for monitoring the disease in both humans and animals. Although integration is still insufficient, ongoing hospital-led and university-based programs seek to track trends of vulnerability, especially in zoonotic infections.

## Integrated Disease Surveillance Program [IDSP] in India

This program started in 2004 with the support of World Bank and now under the National Health Mission. It comprises a central unit [NCDC], state and district units across nearly all districts, collecting weekly syndromic ['S'], probable ['P'], and lab-confirmed ['L'] data [43]. Media-scanning and verification cells detect unusual events; Rapid Response Teams investigate spikes [43]. Veterinarians integrated into RRTs for zoonotic disease cooperation across sectors. Working with ICAR institutes such as IVRI and NIVEDI increases lab capacity for zoonotic illnesses such glanders, JE, anthrax, and leptospirosis. [44]. Regional reporting often oriented with ProMED for global situational awareness [45].

#### **GHSA-Supported Zoonotic Surveillance Bangladesh**

GHSA is a hospital-based surveillance system which was started in 2013-2017 and screened over 11,400 inpatients for zoonotic exposure, among them 2% reported related with animals, that has 16% mortality in those cases. Notably, 88% remained etiologically undiagnosed. [46]. GHSA and CDC this system incorporates and

structured exposure screening, diagnostic testing, and integrates data-sharing between human health, livestock, and wildlife agencies which reflects One Health principles. Challenges include limited diagnostic capacity, lack of wildlife surveillance, and the need

for expanding laboratory networks.

The country wise snap shot of all South Asian nations are summarized below in the table.

Table

Country	Key One Health Initiatives	Priority Zoonoses	Reference Link
Bangladesh	One Health Secretariat coordinating IEDCR & DLS; surveillance for Nipah, anthrax, rabies	Nipah, anthrax, rabies, avian flu	[47]
India	Integrated Disease Surveillance Programme (IDSP); syndromic & lab-based reporting	JE, leptospirosis, rabies, H1N1	[48]
Nepal	DLS veterinary labs & FAO-supported projects; joint training workshops	Brucellosis, PPR, FMD	[49]
Pakistan	Field Epidemiology & Laboratory Training Program (FELTP); WHO-assisted surveillance	CCHF, brucellosis, rabies	[50]
Sri Lanka	National Rabies Control Program & wildlife health surveillance	Rabies, TB, leptospirosis	[51]
Bhutan	One Health Zoonotic Disease Prioritization (OHZDP); joint risk assessment	Rabies, anthrax, leptospirosis	[52]
Afghanistan	NGO-Ministry campaigns; One Health rabies prevention with CDC support	Rabies, brucellosis, CCHF	[53]
Maldives	HPA-led surveillance for zoonotic influenza and waterborne diseases	H1N1, dengue (vector zoonoses)	[54]

#### **Technological Tools in Surveillance**

#### **Mobile-Based Reporting Tools**

In India, Vet Helpline is commonly used, and other similar mobiles apps are used for the real-time reporting of animal health incidents. These solutions have significantly raised reporting rates in other situations. For instance, Kenya's smartphone app enabled offline data gathering with automatic syncing and increased disease reports in distant locations. [55] [56]. Animal, human, and environmental data are all integrated into DHIS2 platforms, which are broadly used throughout South Asia. It offers hospital and field-based zoonotic disease surveillance modules in nations like Bangladesh and Nepal. [57]

#### **GIS & Remote Sensing for Outbreak Mapping**

Planning buffer zones around outbreak areas, identifying hotspots, and visualizing disease spreading are all made possible by GIS tools. In veterinary epidemiology, to control Rift Valley fever, foot-and-mouth disease, and other illnesses these instruments are used. [58]. For dengue surveillance in India GIS and remote sensing have been used, helping to map flood zones and breeding grounds and fuel AI-driven prediction tools like PRISM H. [59]. When GIS combined with applications like SaTScan, which identify temporal and spatial clusters of zoonotic illnesses, supports implementable outbreak notifications. [60].

#### **Diagnostic Labs & Early Detection Systems**

As of 2019, there were 105 labs in India's three-tiered network of Viral Research & Diagnostic Laboratories [VRDL], which offer lab-confirmed diagnoses for newly emerging viral zoonoses. [1]. Nepal's SPEED project [FAO-Pandemic Fund] that is imple-

mented to strengthening animal health lab systems, training technicians, and upgrade infrastructure for quick zoonotic detection [16]. PCR-grade detection is now available at remote locations by field-portable molecular diagnostics tool such as Truenat TM, which was authorized for COVID-19 and in Bangladesh it is currently used for Tuberculosis scaling. These tools increase disease identification rates from about 65% to almost 95% and decrease diagnosis time [61].

#### **Challenges in South Asia**

South Asia is the hotspot of the many zoonotic disease's emergence due to high population density and close interaction with human and animal. Large portion of human pathogens about 60% are zoonotic and more than 800 pathogens have been identified till the date which causes zoonosis. There are several diseases, Avian influenza and coronavirus are the just few of them so there are significant challenges in South Asia for surveillance of emerging zoonotic diseases. [62]

#### The major challenges are listed below:

- Weak intersectoral collaboration between Human, animal, and environmental health sectors hindering integrated surveillance. For example, Bangladesh and Nepal lack formalized data-sharing mechanisms between veterinary and public health agencies. [63]
- Limited policy integration of Some nations, like Thailand, rely on ad hoc epidemic responses, while others have national One Health frameworks. [64]
- Resource and infrastructure gap also cause Diagnostic limitations Due to insufficient lab capacity, particularly for ge-

nomic sequencing, about more than 50% of zoonotic outbreaks in South Asia are confirmed retrospectively. Additionally, Surveillance work depends on an external funding source, which also create gap for surveillance. [65]

- > Data and reporting issues, like underreporting and poor data integration, delay or suppress the reporting system in Asian countries. [66]
- ➤ Low awareness and cultural practices like consumption of wild animal enhance the outbreaks of zoonotic diseases and also create some barrier for the reporting, which consequences in delay reporting. [67,68]

#### **Recommendations & Way Forward**

#### **Strengthening One Health Coordination Platforms**

Establish national One Health organizing committees that include the ecology, livestock, biodiversity, and medical ministries. Encourage this through common management frameworks, plans for action, and frequent collaboration sessions [69]. Use of resources, like National Bridging Training and Collaborative Assessments of Risk, to help with cross-sectoral, the highest risk analysis and preparation, that make possibility of Implementation and customization of the One Health Collaborative Course of Action [2022–26] [70].

## Capacity Building for Veterinarians & Community Health Workers

Implement field epidemiology training programs based on core competencies [surveillance, outbreak response, One Health communication], as defined by FAO-led working groups [71]. Enhance diagnostic and public health skills at district and community levels via sustained training for veterinarians and health workers, supported by both international agencies and national programs [72].

# International Collaboration [WHO, FAO, OIE, UNEP Tripartite/Quadripartite]

Strong collaborations with organizations like WHO-FAO-WOAH-UNEP for tripartite or quadripartite relationships to acquire funding opportunities for zoonotic surveillance, gather technical information's and tools and to access the shared framework [73]. Participation in programs like, Asia Pacific Quadripartite workshops and GF-TADs coordination networks, to open gates for cross-border disease intelligence sharing, vaccine strategies, and coordinated control of transboundary threats [74].

#### Conclusion

The dense human population, close human interactions and ecological disturbances poses persistent and increasing threat to livelihoods and makes the region hotspot for occurrence and emergence of diseases in South Asian countries. Due to this, the need for integrated, collaborated, cross-sectorial zoonotic surveil-

lance is very much critical. The best protection against potential outbreaks is a strong monitoring system that is based on the One Health model and is bolstered by data-sharing systems, empowering community health worker, and coordinated interministerial plans. On the other hand, advances in technology like compact diagnosis, GIS-based outbreak mapping, and mobile reports can significantly improve early warning and quick reaction functions.

Rapid response needs to be subordinated to readiness and control. Risks can be reduced when they become epidemics by making investments in frontline capability, experimental systems, collaborative assessments of risk, and community-level education. Accessibility to international expertise, funds, and standardized frameworks is ensured by fortifying relationships with global collaborators like WHO, FAO, WOAH, and UNEP.

In conclusion, South Asia must shift from fragmented and reactive disease control to anticipatory, integrated, and sustainable zoonotic surveillance systems for the health of its people, animals, and ecosystems.

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